

Name _____

Class _____

Vocabulary Quiz: WEEK 1

Word List:

advantage
aerobics
relax

injury
aquatic
thin

flat
snap
stretch

weigh
special
surface

A. CROSSWORD PUZZLE

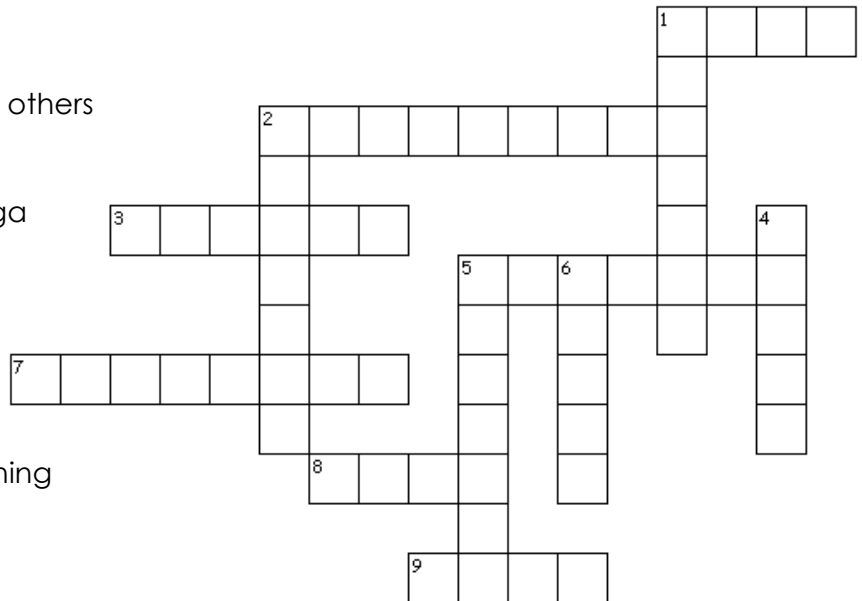
Use the words from the word list to fill-in the crossword puzzle. The clues to the puzzle are below.

Across

1. To break or make noise with fingers
2. Something that helps you more than others
3. Damage or harm
5. Top of the water or outside layer
7. For example, running, swimming, yoga
8. Not round
9. Not thick

Down

1. Unique, one of a kind
2. In the water
4. To measure gravity's force on something
5. Pull and extend
6. To make less tense, relieve tension



B. SENTENCE WRITING

Make a complete sentence using the following words from the word list.

1. relax (v.)

2. weigh (v.)

3. advantage (n.)

4. surface (n.)
